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Colorado Connects Notes for December 21, 2020

2 messages

Monyett Ellington <mellington@oats.org>
Bcc: dtaenzer@iname.com

Tue, Dec 22, 2020 at 12:41 AM

Hello All, and Welcome to Colorado Connects!

Schedule Info

Colorado Connects

This is not a lecture or presentation. This open Zoom session (done by Senior Planet volunteers) is for people to connect with one another by sharing stories, anecdotes, companionship, and fun activities during this holiday season. Join us at the usual 11:30 start time!

SCHEDULE

11:30a-12:30p MST

Mon:-Fri: Dec 21-25

*Dec 26-Jan15 *(Meeting IDs to be announced)*

Click or tap to join this class by Zoom: <https://seniorplanet.zoom.us/j/165218752>

OR

Call in by phone: 1-646-558-8656

Meeting ID: 165 218 752

- Lead Zoom Volunteer: Dave Taenzer - dtaenzer@iname.com
- Weekend Zoom Volunteer: Lily (contact through Monyett) - mellington@oats.org
- Lead Call Organizer Volunteer: Paul Lowry (contact through Monyett) - mellington@oats.org
- Lead Call Coordinator Volunteer: Monyett - mellington@oats.org

Monday, December 21 Notes

Points of Discussion and Referenced Links

- People shared different stories and memories
- Paul shared a short visual look at how he puts together visual narratives when he's doing family history - where the Lowry / Lowery branch of his family comes from in Ireland
- General discussion on the importance (or not) and some different reasons why to document and to share family histories
- Monyett shared the Genogram type of family tree
- Talk about the radio play and logo for the Lunch & Learn Lunchables
 - Paul will pick a funny script
 - Monyett will lookup free music and sound effect online sources
- Lily volunteered her paid Zoom account for the weekend sessions
- Suggestions were brought up about different activities we could do on the Zoom in addition to the open discussions
- Monyett's email notes and Dave's Zoom session recordings and materials are now accessible, links provided below
 - Monyett's notes- <http://davetaenzer.com/docs/Monyett/index.html>
 - Dave's Zoom recordings and materials- <http://davetaenzer.com/docs/index.html>

Genealogy Resources

Genogram: Another way to create a family tree

A genogram is a multi-generational diagram of a person's family and social network. It allows users to view multiple relationship dynamics, review developmental influence and identify trends. Each person on a genogram is represented by a symbol. The symbols are then linked with lines to depict various dynamics and significant individual qualities. Genograms are used by professionals in many fields which study and work with people and their family histories in addition to genealogists, such as doctors, researchers, psychiatrists, counselors and psychologists.

- What is a GenoGram YouTube video?
 - https://www.youtube.com/watch?v=MuxvG9tbUMs&feature=emb_logo
- A pdf of the GenoGram Basic Legend
 - <https://genopro.com/genogram/Genogram-Basic-Symbols.pdf>

FamilySearch

Iris recommended using FamilySearch, a free online genealogy program for people starting out with genealogy. *FamilySearch is an international, nonprofit organization and website dedicated to helping all people discover their family story. and website offering genealogical records, education, and software. It is operated by The Church of Jesus Christ of Latter-day Saints (LDS Church), and is closely connected with the church's Family History Department. The Family History Department was originally established in 1894 as the Genealogical Society of Utah (GSU) and is the largest genealogy organization in the world.*

- <https://www.familysearch.org/en/>

Online Learning Resource

Iris recommended for people interested in other types of online learning to check out the offerings at the Osher Lifelong Learning Institute (aka OLLI)

The Osher Lifelong Learning Institute at the University of Denver (OLLI at DU) is an adult learning membership program designed for inquiring adults, age 50 and "better," who wish to pursue lifelong learning in a relaxed non-competitive atmosphere. Thanks to the generosity of The Bernard Osher Foundation, OLLI at DU joins a network of more than 120 institutes across the U.S. that are helping older learners find personal fulfillment.

- <https://universitycollege.du.edu/olli/>

Recommended to Watch

Lone Pine Koala Sanctuary

Koala Webcams - Marc suggests that you watch during (our nighttime hours) to see day (Australian time) activity

- <https://koala.net/webcams>

Corona Virus Information

Several people recommended watching the 60 Minutes Coronavirus segment from this past Sunday's broadcast for good information on the vaccines.

Coronavirus pandemic: 60 Minutes reports -Web page with video links to all of 60 Minutes Coronavirus video reports

- <https://www.cbsnews.com/60-minutes-coronavirus-coverage/>

Nobody's Business

The documentary "Nobody's Business" (1996) was recommended as an interesting look into how some people from older generations don't necessarily want to discuss or share their past with curious family members

Director: Alan Berliner

Main cast: Alan Berliner; Oscar Berliner

Description: Director Alan Berliner takes on his reclusive father as the reluctant subject of this affecting and graceful study of family history and memory. Ultimately this complex portrait is a meeting of the minds -- where the past meets the present, where generations collide and where the boundaries of family life are stretched, torn and

surprisingly, at times, also healed. Berliner has transformed a story of a troubled man who has sealed himself off from life's pain into a work of universal resonance.

- This link takes you to the Letterbox web page for Nobody's Business where it lists both free and paid online streaming services where you can watch- <https://letterboxd.com/film/nobodys-business/>

Zoom Game Suggestions

20 Questions Challenge

The goal here is to stump people. To play, one person is chosen as the answerer. The answerer has to pick something, usually an object, but they cannot reveal to the others what they've chosen. People, the guessers, can ask up to 20 questions altogether to figure out what it is you've chosen. The catch is they can only ask yes or no questions.

Impression Challenge

Prepare a numbered list of several famous personalities ahead of time. Have people pick a number. Use private chat to show each person who they have to impersonate. It's a "win" if people guess the right person from the impression.

Try Not to Sing Challenge

Create a new Spotify playlist and have everyone add their favorite sing-along songs. Gather around and listen to snippets of each song while trying not join in along. Trust us, it's much harder that it sounds.

The Alphabet Challenge

(Use the Whiteboard) Write a topic or category and underneath the topic write the letters of the Alphabet. Then the first person, starting with the letter A, has to figure out a word that fits the topic or category that also starts with the letter. They continue through the alphabet (you can cross off the letters) and see how far they can go. When the person gets stuck, then the challenge moves on to the next person with a new topic or category or you can use the same topic, but the person has to use different words. The one who gets through the most letters wins if keeping score.

Guess the Lyric Challenge

Write down the first part of a piece of lyrics to your favorite song on a piece of paper and put them in a bucket. Each person will draw a paper and try to guess the lyrics that are supposed to come next. Check out our fave celebs do it and

you can even use special themes to make things special:

Items to discuss at the next session

- Setting a schedule for sharing stories and anecdotes
- The radio play script
- Other activities
- Saturday and Sunday Zoom calls during the holidays



Warmest greetings of this festive season.

Wishing you a magical and blissful holiday!

*From Monyett
Senior Planet Trainer - Colorado*



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Tue, Dec 22, 2020 at 4:56 AM

Hi Monyett,

As always, thank you for the wonderful notes!

Just to clear up what was probably a confused communication.

I am very happy to provide the zoom account for the weekends, however, I cannot commit to be the zoom host or cohost on the weekends, however we have the "Key" option for that.

Very sorry for any confusion.

Best,
Lily

[Quoted text hidden]