

Learning Resources For Seniors

by Hewie Poplock

hewie@hewie.net

<https://hewie.net>

<http://www.techforsenior.com>

August 17, 2022

SENIOR PLANET
FROM **AARP**







Access 100+ Free
Courses

Shopping
Online

Online
Entertainment

Social Websites
and Apps

Useful Websites
and Apps

Technology
Basics



eBay Best Offers Guide for Sellers: 15+ Tips for Increasing Sales

eBay Best Offers for sellers: your key to unlocking maximum sales on eBay Some sellers on eBay.com think it's not in [...]



11 Best Addiction Recovery Apps to Help you Manage Bad Habits



18 Best Mood Tracker Apps to Manage Your Health and Wellness



Guide to Data Privacy Day: What It Is and How to Stay Safe Online



The GDPR Simplified with Checklist for Site Owners to Stay Compliant



Top 9 World News Websites with Unbiased Stories

TUTORIALS: 20



Facebook

Connect with friends and groups who share your interests. Swap news stories and life happenings, organize real-world events, play games, and more.

Go to Course

TUTORIALS: 23



Buying on eBay

Order almost anything from this online marketplace by buying it, bidding for it in auctions, or submitting price offers. Then have it delivered to you.

Go to Course

TUTORIALS: 17



Amazon Course

Find and buy almost anything from Amazon, or from third-party sellers just like you. You can even trade in stuff you don't want for credit towards things that you do want!

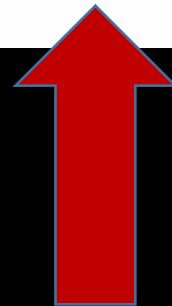
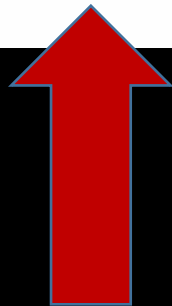
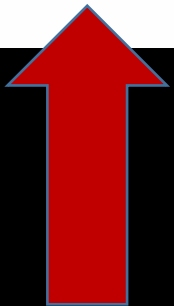
Go to Course

Techboomers Course List

Course Directory

Techboomers has over 100 free courses with thousands of step-by-step tutorials and informational articles that can help you learn anything and everything about the Internet's most popular websites and apps. Check out our full range of courses, or jump down to any category that interests you!












[Social Networks](#) | [Shopping Online](#) | [Online Entertainment](#) | [Useful Websites and Apps](#) | [Technology Basics](#)



Social Websites and Apps

These websites and apps will help you connect with others over the Internet: learn how to create and use social media accounts, find free email and messaging services, learn to share images and video, and meet new people safely using online dating.

Search:





Logo ↕	Name ↕	Subcategory ↕	Description ↕
	Ask.fm	Social Networking	Anonymously ask virtually any question you want on this social network, or answer someone else's query. The more you contribute, the more friends you'll make!
	Badoo	Online Dating	Choose whether to date, make friends with, or just chat with millions of verified users for free on Badoo, one of the most popular dating websites around.
	eHarmony	Online Dating	Get a smooth dating experience with matches you'll really click with right from the start thanks to eHarmony's unique compatibility quiz and guided chat system.
	Facebook	Social Networking	Connect with friends and groups of people who share your interests to swap news stories and life happenings, organize real-world events, play games, and more.
	Facetime	Messaging and Chat	Reach out to the Apple device users among your friends and family with this app exclusive to iOS devices that lets you make both voice and video calls.
	Flickr	Video and Image Sharing	Store, organize, discuss, and share your favorite photos and videos for free. Or even pay Flickr to turn your photos into unique artistic creations to treasure!
	Foursquare	Social Networking	Find the best hotspots in any town with this website/app that recommends locations for you to visit based on the places you already like to hang out at.
	Gmail	Messaging and Chat	Do email differently with Google's email service, which features unique organizing conventions, plenty of memory storage space, and cool experimental features.
	Goodreads	Social Networking	Create a virtual bookshelf and use it to organize and discuss your favorite books. You can even get suggestions on what to read next, and where to go to buy it.
	Google Voice	Messaging and Chat	Send and receive phone calls, voicemails, and text messages in one easy-to-organize place with this service that centralizes your phone numbers and activity.
	Hangouts	Messaging and Chat	Chat with anyone you know who has a Google account through text, phone, or video with this free app you can use on your desktop, mobile device, or web browser.

Techboomers

Technology Basics

If you're new to the tech world, these tutorials can help you learn things at a more basic level. Learn how the Internet works and how to keep yourself safe, in addition to new ways to increase your digital literacy, including learning to use your iPhone, iPad, or Android device.

Search:

Logo ⚡	Name ⚡	Subcategory ⚡	Description ⚡
	Android Calling and Voicemail	Android	Make and get calls, forward or block calls, make group calls, and set up and check voicemail. We'll help you master your Android phone's basic call functions.
	Intro to the Internet	Internet 101	Learn how the Internet and World Wide Web work, including where they came from, what technologies and systems drive them, and what you can do with them!
 iPhone	iPhone Calling and Voicemail	iPhone and iPad	Get the basics of your iPhone's call functions down: making and receiving calls, forwarding calls, blocking numbers, and setting up and checking voicemail.
 iPhone	iPhone Texting	iPhone and iPad	Send text messages to one person or a group; search for, forward, and delete texts; and block unwanted texters as you become a pro at texting on an iPhone.

[Access 100+ Free
Courses](#)[Shopping
Online](#)[Online
Entertainment](#)[Social Websites
and Apps](#)[Useful Websites
and Apps](#)[Technology
Basics](#)

How To Use Gmail Course

[Home](#) » [Social Sites and Apps](#) » [Messaging and Chat](#) » [Gmail Course](#)

Introduction to Gmail

- 1 What Gmail is and How to Use it for Emails
- 2 Is Gmail Safe and Secure for Email?
- 3 Is Gmail Free to Use for Email?
- 4 Gmail Review
- 5 How to Create an Account on Gmail
- 6 How to Use Gmail: A Brief Tour of Gmail

How to Use Gmail

- 7 How to Compose and Send Emails with Gmail
- 8 Replying to Emails with Gmail
- 9 Forwarding Emails in Gmail



Gmail is a web-based email service from Google. In addition to letting you store lots of emails and send bigger files with your emails, it lets you sort your emails into multiple categories, including just whether they're important or not. Also, emails you send and receive with the same person over and over are grouped together, so you can follow a conversation easily.

[Go to Gmail.com](#)

We collaborate with 200+ leading universities and companies



Achieve your goals with Coursera



Learn the latest
skills

like business analytics,
graphic design, Python,
and more



Get ready for a
career

in high-demand fields
like IT, AI and cloud
engineering



Earn a certificate
or degree

from a leading university
in business, computer
science, and more



Upskill your
organization

with on-demand training
and development
programs



ACCESSIBLE

Find flexible, affordable options

Choose from many options including **free courses** and **university degrees** at a breakthrough price. Learn at your own pace, 100% online.

Filter by

2580 results

Subject

☐ Arts and Humanities☐ Business☐ Computer Science☐ Data Science[Show more](#)

Skills

☐ 3d Modeling☐ Account Management☐ Accounting☐ Accounting Software[Show more](#)

Level

☐ Beginner☐ Intermediate**INDIGENOUS
CANADA**

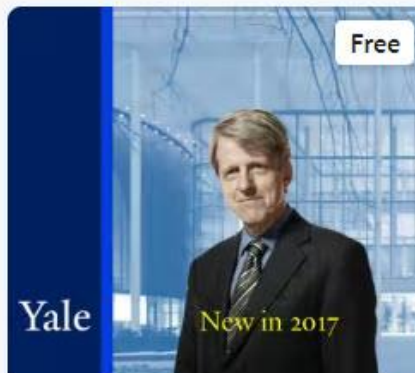
University of Alberta

Indigenous Canada**Skills you'll gain:** Algorithms,
Communication, Entrepreneurshi...

★ 4.8 (18.7k reviews)

Mixed · Course · 1-3 Months

Free



Yale University

Financial Markets**Skills you'll gain:** Investment
Management, Risk, Finance,...

★ 4.8 (22.4k reviews)

Beginner · Course · 1-3 Months

Free



Yale University

The Science of Well-Being**Skills you'll gain:** Meditation,
Gratitude, Planning, Mindfulness

★ 4.9 (33.4k reviews)

Mixed · Course · 1-3 Months

Free



Free



Free



Free



Machine Learning

Stanford University

COURSE

★★★★☆ 4.9 (149,689) | 3.7M students

Mixed



Indigenous Canada

University of Alberta

COURSE

★★★★☆ 4.8 (4,497) | 190K students

Mixed



The Science of Well-Being

Yale University

COURSE

★★★★☆ 4.9 (22,879) | 3.1M students

Mixed



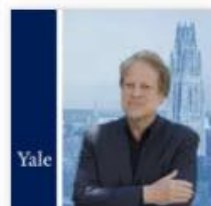
Financial Markets

Yale University

COURSE

★★★★☆ 4.8 (13,870) | 750K students

Beginner



Introduction to Psychology

Yale University

COURSE

★★★★☆ 4.8 (13,609) | 480K students

Beginner



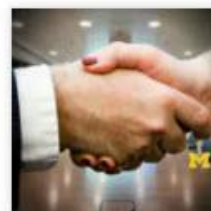
Psychological First Aid

Johns Hopkins University

COURSE

★★★★☆ 4.8 (12,148) | 290K students

Mixed



Successful Negotiation: Essential Strategies and Skills

University of Michigan

COURSE

★★★★☆ 4.8 (12,296) | 920K students

Mixed



Brand Management: Aligning Business, Brand and Behaviour

London Business School

COURSE

★★★★☆ 4.9 (2,998) | 120K students

Beginner



Stanford Introduction to Food and Health

Stanford University

COURSE

★★★★☆ 4.7 (17,161) | 470K students

Beginner



Writing in the Sciences

Stanford University

COURSE

★★★★☆ 4.9 (3,891) | 180K students

Beginner



Categories



Search for anything

Teach on Udemy



Log in

Sign up



New to Udemy? Lucky you

Courses start at \$14.99. Get your new-student offer before it expires.



A broad selection of courses

Choose from 185,000 online video courses with new additions published every month

Python

Excel

Web Development

JavaScript

Data Science

AWS Certification

Drawing

10,000 results for “free”

Filter

Sort by

Most Relevant



Web Design for Web Developers: Build Beautiful Websites!

Free

Learn web design in 1 hour with 25+ simple-to-use rules and guidelines — tons of amazing web design resources included!

Jonas Schmedtmann

4.5 ★★★★★ (33,436)

2.5 total hours · 19 lectures · All Levels



Java Tutorial for Complete Beginners

Free

Learn to program using the Java programming language

John Purcell

4.5 ★★★★★ (95,959)

16 total hours · 73 lectures · All Levels



Introduction To Python Programming

Free

A Quick and Easy Intro into Python Programming

Avinash Jain, The Codex

4.4 ★★★★★ (61,216)

1.5 total hours · 18 lectures · Beginner



Blender Recipes: 19 Amazing Recipes for Your Blender

Free

Get the most out of your blender by making healthy snacks, smoothies, desserts, and soups. Easy, delicious recipes.

Zac Deane

3.6 ★★★★★ (631)

43 total mins • 16 lectures • All Levels



Types of Health Insurance

Free

Knowing your CPF Insurance Schemes

Ferris Wee, Peggy Chan, Institute for Financial Literacy

4.1 ★★★★★ (1,107)

1 total hour • 34 lectures • All Levels



Make your agile team faster and more productive.

Free

Learn how to identify and resolve the things that are holding back your agile/scrum team from being as fast as possible.

Samantha Laing, Karen Greaves, Growing Agile

4.3 ★★★★★ (569)

32 total mins • 12 lectures • Intermediate



Build Your First Website in 1 Week with HTML5 and CSS3

Free

The Fastest Way to Learn HTML & CSS for the Real World

Ryan Bonhardt

4.3 ★★★★★ (10,879)

3 total hours • 30 lectures • Beginner

[Lifestyle](#) > [Food & Beverage](#) > [Blender](#)[Preview this course](#)

Blender Recipes: 19 Amazing Recipes for Your Blender

Get the most out of your blender by making healthy snacks, smoothies, desserts, and soups. Easy, delicious recipes.

3.6 ★★★★★ (631 ratings) 24,378 students 📺 43min of on-demand video

Created by [Zac Deane](#)

Free

[Enroll now](#)[Share](#) ➔[What you'll learn](#)[Course content](#)[Reviews](#)[Instructors](#)

- ✓ Discover what your blender's capable of.
- ✓ Make amazing food and drink within minutes.
- ✓ Impress your friends (and your taste buds) without much effort.

Top categories



Design



Development



Marketing



IT and Software



Personal Development



Business



Photography



Music

Featured topics by category

Development

[Python](#)

35,849,463 students

[Web Development](#)

11,265,016 students

[Machine Learning](#)

6,979,089 students

Business

[Financial Analysis](#)

1,184,494 students

[SQL](#)

5,869,656 students

[PMP](#)

1,709,736 students

IT and Software

[AWS Certification](#)

5,926,440 students

[Ethical Hacking](#)

10,791,490 students

[Cyber Security](#)

3,938,690 students

Design

[Photoshop](#)

10,829,467 students

[Graphic Design](#)

3,345,750 students

[Drawing](#)

2,386,873 students

Photography & Video Courses

Courses to get you started

Most popular

New

Trending



Photography - Become a Better Photographer - Part I

Bernie Raffe AMPA

4.8 ★★★★★ (1,070)

\$18.99 ~~\$34.99~~



Photography for Kids: Project-Based Beginner Photography

Phil Ebner, Anthony Ebner, Video School

4.4 ★★★★★ (1,285)

\$17.99 ~~\$99.99~~



Basic Food Photography

Andrew Olson

4.6 ★★★★★ (1,290)

\$17.99 ~~\$49.99~~

Bestseller

[HOME](#)[YOUTUBE SHOW](#)[BLOGS/NEWS](#)[TUTORIALS](#)[GOOGLE PHOTOS BLOG](#)[Q&A](#)[CONTACT US](#)[MEMBER LOGIN](#)[MORE...](#)

Learn with Geeks on Tour, we are Geeks Who Teach

[Free Newsletter](#)[Become a member](#)[Learn Google Photos Book](#)[Our YouTube channel](#)

We will be live on Sunday Aug 7 with [Episode 239 – Don't Backup – do this instead](#). Visit archives of all our past YouTube shows on the menu above.

Read our latest newsletter



Our Free YouTube Show



[HOME](#)[YOUTUBE SHOW](#)[BLOGS/NEWS](#)[TUTORIALS](#)[GOOGLE PHOTOS BLOG](#)[Q&A](#)[CONTACT US](#)[MEMBER LOGIN](#)[MORE...](#)

Classes

Geeks on Tour

Presentations to Technology Clubs



1 If we're in your area, book us for a meeting presentation.



2 We like small groups



3 We also teach over Zoom

We love supporting computer/technology clubs and often give presentations. We also talk to RV and other travel clubs. As we travel, we can visit club meetings in person. When we're not traveling, we continue to offer presentations over Zoom. Below is a listing of all our presentations, in order by date. New ones are added at the top. Each event includes links to class materials.

*Unless otherwise noted, these are available to the public for the first 2 weeks, after that, you need to be a **member**.*

Oct 6, 2022 Wisconsin All Computer Users club: Roadtrippers to find fun road-trip stops

Aug 18, 22 Naples Technology User Group (PCBUG) Google Photos basics

Aug 1, 2022 Hilton Head Island Computer Club: Google Photos favorite features

Jul 27, 2022 Senior Planet Colorado: Cryptocurrency: Bitcoin and Blockchain

[FREE Newsletter](#)[Become a Member](#)

LOG IN TO SEE YOUR CONTENT

You are not currently logged in.

Username:

Password:

☐ Remember Me

[» Register](#)[» Lost your Password?](#)

LATEST POSTS

239. Don't backup. Sync your phone's data instead

758.SM-Lose phone keep data with Google Apps

757.GP-Google Lens

756.GP-Google Photos v Amazon

August 2022 News: Digital Estate

Planning, Snapseed, Google Fi, Hero

Cape



LEARN

Google Photos

with Chris Guld of Geeks on Tour, a Product Expert



Want more tips & tricks? Join our newsletter!

[SIGN UP NOW >>](#)

Learn Google Photos 2021 The Book

Learn from Platinum level Google Product Expert **Chris Guld** of Geeks on Tour.

How to privately store, organize, edit, and share your lifetime of photos.

[GRAB THE BOOK - LEARN MORE >>](#)



[Learn Google Photos - Explore The Blog](#)

<https://learngooglyphotos.com/>

757.GP-Google Lens

Chris Guld August 5, 2022

Google Lens is part of Google Photos. Learn how to use it with this demo by Chris Guld. Read more at geeksontour.com

Google Photos Open Q&A, July 18 2022

Chris Guld July 19, 2022

0:00 Begin 1:30 Sign up for newsletter and get free course

<https://geeksontour.com/news/> 3:55

Should I backup in Original or Storage Saver quality? 6:27 Sorting...

756.GP-Google Photos v Amazon

Chris Guld August 5, 2022

From our What Does This Button Do? show in January. Chris Guld contrasts and compares the features of both photo apps. Read more at...

751.GP-Understanding HEIC Files

Chris Guld July 9, 2022

You will learn about the HEIC photo file format is different from JPG files and how to use and convert them. Read more at...

Search ...



The Book – 2021 version



Let's stay connected!

Join us for online programs every week to keep learning and exploring together.

Questions? Call the Senior Planet Tech Hotline: [\(888\) 713-3495](tel:(888)713-3495)

[Upcoming Virtual Classes](#)

[Sign Up for Newsletters](#)

Upcoming Classes

[View all classes](#)



FREE
WED, AUGUST 10
9:00AM ET / 8:00AM CT /
7:00AM MT / 6:00AM PT



FREE
WED, AUGUST 10
10:00AM ET / 9:00AM CT /
8:00AM MT / 7:00AM PT



FREE
WED, AUGUST 10
10:30AM ET / 9:30AM CT /
8:30AM MT / 7:30AM PT



FREE
WED, AUGUST 10
12:00PM ET / 11:00AM CT /
10:00AM MT / 9:00AM PT

Latest Articles

[More Articles](#)



BOOK CLUB

Senior Planet Book Club: A Rising Man by Abir Mukherjee

We read Chapters 9-17 this week. Let us know what you think here in the comments, or in "The Book Club" group on Senior Planet Community!



WORK & MONEY

Life Insurance: Forgotten Financial Tool

Life insurance should be a key component of your financial plan, especially for retirees and pre-retirees.



TECHNOLOGY

Lives of the Winged and Furry: Wildlife Cams

Why watch TV when you can browse live streaming video of walruses, puppies, owls and other animals at play? Tell us your favorites!



HEALTHY AGING

Summer Sun and Senior Skin

Senior skincare is especially important when the sun beats down in summer.. Here are some tips on how to be senior skin savvy.

Our Locations

Technology Classes, Nationwide

We're on the ground in six regions across the U.S., and we'll be adding more. Right now, our centers in NYC, Denver, and Palo Alto are open for in-person programming. **No matter where you live, you can join us for online classes!**



New York City ↻



North Country, New York ↻



Montgomery County,
Maryland ↻



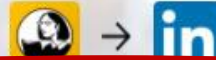
Colorado ↻



San Antonio, Texas ↻



Palo Alto, California ↻



Lynda.com is now LinkedIn Learning

100% of Lynda.com's courses and instructors have moved to LinkedIn Learning

Start My Free Month

Already a Lynda member? Sign in now.



Start your 1-month free trial. Cancel anytime.

Save 33%

Annually

1-month free trial
then \$26.99/month*

Try for free

Monthly

1-month free trial
then \$39.99/month*

Try for free

We'll remind you 7 days before your free trial ends. You won't be charged until September 10, 2022.



Unlimited library access

Access 18,000+ courses taught by real-world professionals.



Certificate of completion

Stand out by earning certificates to add your LinkedIn profile.



How and when you want

Learn on your time with bite-sized videos or in-depth content, audio-only or offline viewing.



Interactive learning

Practice what you learn with exercise files and course quizzes.



Personalized for you

Course recommendations tailored to your interests and function.



Full access to LinkedIn Premium

Salary and job insights, unlimited profile viewing, InMail credits, and more.



Millions of members use Premium



<https://www.linkedin.com/learning/>



Sign In

Sign in using the same email address you use for
LinkedIn.com or your organization email

Continue

[Sign in with your library card](#)

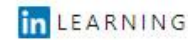
[New to LinkedIn? Join now](#)

Your library invites you to LinkedIn Learning

Find your library by entering your Library ID ⓘ

Enter your Library ID

Continue



Catalog ▼

Search

Search



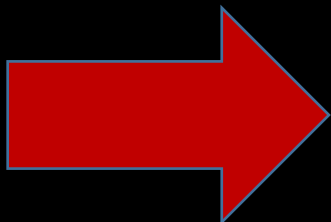
Central Library ▼

Central Library
10 W. Fourteenth Ave. Pkwy.
80204
720-865-1111

Back to School



De regreso a clases



eBooks & Audio eBooks

[OverDrive \(Libby\)](#)

Our largest collection of eBooks and Audio eBooks for adults, kids and teens.

[eBooks](#) · [Audio eBooks](#)

[TumbleBooks for Kids](#)

Animated story books, read-alongs, graphic novels and more.

[Bookflix for Kids](#)

Pairs classic video storybooks with related nonfiction books for pre-K through 3rd grade, from Scholastic.

[Reference eBooks](#) (Gale)

Online encyclopedias for research and homework.

[MakeMake](#)

Includes 400 high quality, authentic Spanish language children's books. You'll find picture books, read-along books with audio, and interactive eBooks complete with a Spanish language search and interface.

[Denver Public Library - Open Libraries](#)
Digitized books from the Internet Archive.

Movies

[Kanopy](#)

Stream classic films, indie cinema, award winning documentaries and The Great Courses. Plus movies and TV shows for kids. *Limited to Denver residents.*

[OverDrive](#)

Stream movies, documentaries, and educational videos.

Digital Magazines

[OverDrive](#) (formerly RBdigital)

Our largest collection of digital magazines.

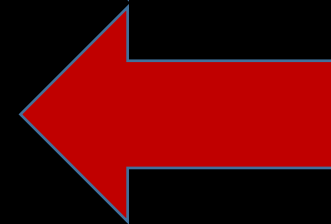
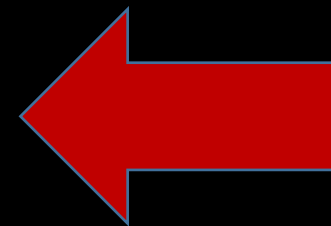
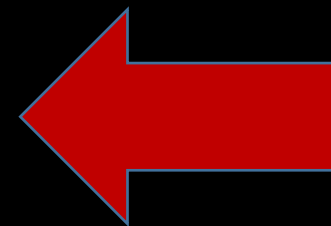
[Flipster](#)

Digital magazines you won't find on any other platform.

Music

[Music Online Database](#)

Combined search for these streaming music databases: American Music, Classical Music, Jazz, Popular Music and World Music, which includes Contemporary World Music and Smithsonian Global Sound.



Free and Low-Cost Tech Resources in Denver



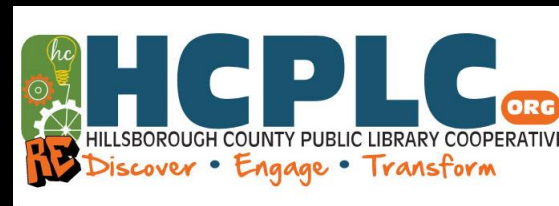
This list of free and low-cost technology resources was compiled by the Denver Digital Equity Coalition*. *Last updated August 6, 2022.*

Get Technology Help and Support

Denver Public Library

DPL offers both in-person and virtual technology help:

- You can request an online, one-on-one tech help appointment with someone from the Community Technology Center by calling 720-865-1111.
- All Denver Public Library locations offer assistance to customers using the public computers.
- Drop-in Tech Help is available at locations across the city:
 - Wednesdays, 2:30 - 3:30 p.m. - Pauline Robinson Branch Library
 - Thursdays, 10 - 11 a.m. - Rodolfo "Corky" Gonzales Branch Library
- [Chat with a Librarian](#)
- [Email a Librarian](#)
- Phone a Librarian at 720-865-1111
- [Teach Yourself Technology Resources](#)



Library Systems



[Home](#) / [\(Re\)Introducing the Windows 11 Field Guide](#)

(Re)Introducing the Windows 11 Field Guide

Posted on June 27, 2022 by [Paul Thurrott](#) in [Windows 11](#) with 20 Comments

 Share

 Tweet

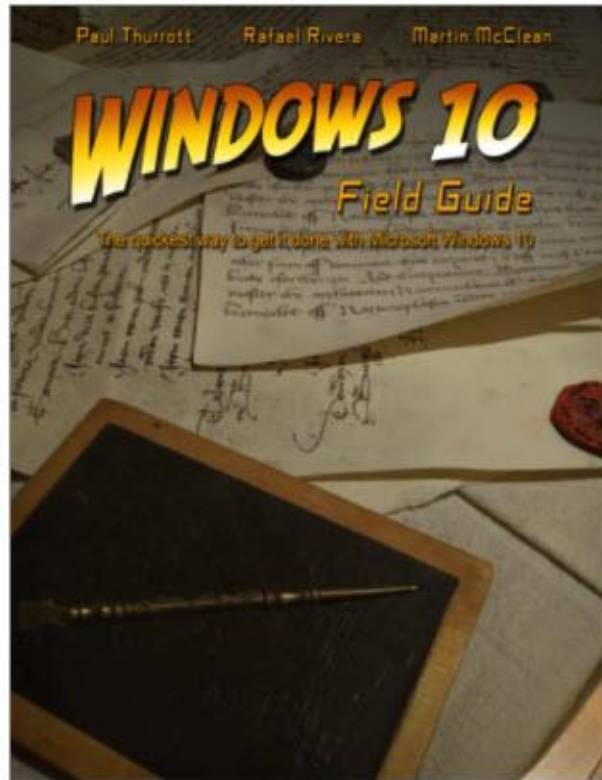
 Share

Windows 11 **Field Guide**



Connect with Paul Thurrott





LAST UPDATED ON 2021-02-28



[Paul Thurrott](#), [Rafael Rivera](#), and [Martin McClean](#)

Windows 10 Field Guide is a full-length e-book about the latest version of Microsoft Windows, aimed at those users who will upgrade from Windows 7 or Windows 8.1, or acquire Windows 10 with a new PC.

[i](#) You own this book! [View it in your Library](#)

\$9.99

MINIMUM PRICE

\$9.99

SUGGESTED PRICE [?](#)

YOU PAY

\$9.99

AUTHORS EARN

\$7.99

YOU PAY (US\$)

\$9.99

EU customers: Price excludes VAT.
VAT is added during checkout.

[Add Ebook to Cart](#)

[Add to Wish List](#)

[Read Free Sample](#) [📄](#)

[Table Of Contents](#) [☰](#)



Home

Explore

Shorts

Subscriptions

Library

History

Your videos

Your movies

Watch later

Show more

SUBSCRIPTIONS

Michael Daniels

Tech for Senior

Camtasia

Mashed

Simpletivity

All

Live

The Ingraham Angle

Federal Bureau of Investigation

Debates

Music

Mixes

Gadgets

Computers

Sales

Sitcoms

Gaming

Mac

The Lost 1984 Video: young Steve Jobs introduces the Macintosh

macessentials

10M views • 13 years ago

Jesse Watters: The people responsible won't talk

Fox News

158K views • 2 hours ago

Seth MacFarlane Answers the Web's Most Searched Questions |...

WIRED

2.4M views • 2 months ago

10 Things You SHOULD Be Buying at Dollar Tree in August 2022

The Deal Guy

543K views • 6 days ago

Church Online | August 7th, 2022 | Portals Sunday -

TORCC NY

28 views • Streamed 2 days ago

The misunderstood Fitbit Sense Watch

Tech for Senior


75K views • 1 year ago

Elizabeth Taylor Makes Her Only Appearance on Carson Tonight...

Johnny Carson

1.4M views • 7 months ago






Hewie Poplock
709 subscribers

[CUSTOMIZE CHANNEL](#) [MANAGE VIDEOS](#)

[HOME](#) [VIDEOS](#) [PLAYLISTS](#) [COMMUNITY](#) [CHANNELS](#) [ABOUT](#)


Uploads ▶ [PLAY ALL](#)



How to Find Anything Using Everything on a PC
by Hewie Poplock
10:03

How to Find Anything in Everything on a PC


10 views • 1 day ago



WEBSITE of the WEEK #13
Find a Company Phone Number. Get Right to a Rep.
<https://gethuman.com/>
9:17

Website of the Week 13 Talk to a Human


12 views • 6 days ago



Windows 10 & 11 - Access Special Symbols Quickly
9:14

Windows 10 and 11 - Access Special Symbols Quickly

12 views • 13 days ago



WEBSITE of the WEEK #12
Office of Dietary Supplements ODS
<https://ods.od.nih.gov/>
7:14

Website of the Week 12 Office of Dietary...

12 views • 2 weeks ago

<https://www.youtube.com/user/hewiep>



CentFlCompSoc

111 subscribers

CUSTOMIZE CHANNEL

MANAGE VIDEOS

HOME

VIDEOS

PLAYLISTS

CHANNELS

ABOUT



Uploads ▶ PLAY ALL



CFCS Windows SIG July 10 2022

10 views • 4 weeks ago



CFCS Main Meeting July 10 2022 Ron Brown Tips on...

13 views • 4 weeks ago



CFCS Windows SIG June 12 2022

21 views • 1 month ago



CFCS Main Meeting May 8 2022 Rob Truman Buying a...

7 views • 2 months ago



Tech for Senior

4.13K subscribers

SUBSCRIBED



HOME

VIDEOS

PLAYLISTS

COMMUNITY

CHANNELS

ABOUT



Uploads ▾

≡ SORT BY



Stroke prevention with a Smartwatch -- THE LEADER I...

37 views • 15 hours ago



Tech for Seniors with Ron Brown and Hewie Poplock...

57 views • Streamed 1 day ago



Tech for Senior- Live 8.4.2022

99 views • Streamed 5 days ago



Your Heart and your Watch - What every Senior must...

59 views • 5 days ago

<https://www.youtube.com/user/CentFlCompSoc>

<https://www.youtube.com/TechforSenior>

hang a picture on the wall



Filters ▼

About 58,500 results



How to Hang Pictures on a Wall

Lowe's Home Improvement ✓

5 years ago • 706,459 views

Learn how to hang artwork and position pictures, find out about different mounting options and how to deal with drywall mounting.



How To Hang a Picture - Ace Hardware

Ace Hardware ✓

3 years ago • 90,242 views

Most people think they know how to hang art or pictures on the wall. But there are two mistakes they make most often.



How to Hang a Picture Frame

AwkwardHamster

3 years ago • 174,577 views

How to Hang a Picture Frame.



Easiest Way To Hang Pictures

AlaskaGranny

1 year ago • 17,829 views

Have you tried to figure out how to know where to hammer a nail to hang a picture, and what kind of hook is best to hang a picture ...

CC



How to Hang a Heavy Mirror or Picture

Lowe's Home Improvement ✓

1 year ago • 355,923 views

Learn how to properly hang a heavy mirror or picture. Get tips on the right tools to use and how to hang a picture on drywall or ...

remove a broken light bulb



Filters ▼

About 39,000 results



Microwave Light Bulbs

Ad AppliancePartsPros

7,379 views

How to replace your microwave light bulb. Quick and easy steps.



6 Ways to Remove Broken Light Bulb from Socket

Dino Pinch

4 years ago • 234,457 views

gurls, i was thinking of you's when i made this video, you can pwn any lazy-assed chicken shit man who is scared to "touch" ...



How to remove a broken light bulb

askmediy

8 years ago • 184,124 views

<http://www.askmediy.com> In this video I show how to remove a broken light bulb with a potato.



How To Remove a Stuck Light Bulb bottles using Coca cola

Roman UrsuHack ✓

1 year ago • 233,481 views

I'm shocked this video is not just useful but also funny. Watching videos of "I'm shocked" heading you will know how to make your ...



How to Remove a Broken Light Bulb Base from a Socket

HowToWith GEO

6 months ago • 9,472 views

When light bulbs breaks in the socket it can be hard to remove the bulb base that remains. This video will show you how to safely ...

why do chihuahuas lick people



Filters ▾

About 2,240 results



Nutro® Dog Food

Ad The Nutro Company

3,106,799 views

Watch How Nutro® Dog Food Is Always Natural, Nutritious, And Honest!

0:31



Potty Training A Puppy

Ad Puppy Apartment

7,246,461 views

Over 50,000 Dogs Potty Trained. Easy & Works as Fast as 3 Days!

14:58



Dog lick ears

Kirara8682 Pena

Puppy addicted to licking inside big dog's ear

2:39

Dog growls getting infected ear licked

0:43

[View full playlist \(36 videos\)](#)



Dog Kisses! Preventing Excessive Licking from Your Dog with Dr Rolan Tripp

HannahPetSociety

4 years ago • 34,932 views

4:35



Why Do Cats Lick People's Hair? : Loving Your Cat

eHow ✓

2 years ago • 9,221 views

Subscribe Now: http://www.youtube.com/subscription_center?add_user=ehow Watch

More: <http://www.youtube.com/ehow> Some ...

1:26



Chihuahua lick fest

Hannah Hatchet

Filters ▾

About 7,440 results



Top 10 Hummingbird Feeder

Ad ezvid

5,464 views

2016's Best Hummingbird Feeders. Our Top Pick Will Surprise You!

4:48



Keeping Squirrels Off of Bird Feeder

KLisaLisa

3 years ago • 68,828 views

The squirrels can climb the pole to the bird feeder! I make a paste of shortening and dried hot peppers which I blend together and ...

4:03



How To keep squirrels off of your bird feeder

R4nsack

1 year ago • 3,919 views

Ever had pesky squirrels eating all of your bird feed? Here is a easy to make bird feeder pole that will keep squirrels off of your ...

2:08



Test of Squirrel Baffle - Keep Squirrels Out of Your Bird Feeders!

MyBackyardBirding

4 years ago • 48,388 views

Test of Woodlink NABAF18 Audubon Wrap Around 18-Inch Squirrel Baffle and Gardman USA 0280019 Wild Bird Feeding Kit.

1:20



Keeping Squirrels Out of Bird Feeders

Jordy C

2 years ago • 5,796 views

This method really works for keeping squirrels completely out of your bird feeder. I've experimented with several different ideas ...

1:27



Lawn Care : How to Keep Squirrels Off a Bird Feeder

Filters ▾

About 1,890 results



Bug Fixing Continued, SU's back to Webers, 1960 Triumph TR3 Restoration

cheftush

2 weeks ago • 483 views

Well....I guess a step in the right direction....



Fixing Triumph TR3A Girling Brakes

Colin Clark

3 years ago • 2,798 views

I finally figured out that I *don't* have lockhead brakes. What I have is a failure to understand basic diagrams and what's in front of ...



Fixing the Triumph TR3 Windshield Wipers

Triumph TR3 Stuff

9 months ago • 159 views

I never had the wipers working, so thought I'd tackle the problem today and see what was wrong.



Bug Fixing Continued....1960 Triumph TR3A

cheftush

2 weeks ago • 517 views

A Test of Patience....



Triumph TR3A Drivers Side Front Fender Repair

cheftush

3 years ago • 387 views

Repairing a bad flange at the front the of fender.



Bug Fixing...Voltage/Electrical Testing, 1960 Triumph TR3A



How a "Hi Level" mindset helps you realize your potential

What does it take to build a legacy? Hip-hop artist Cordae tells how he went from mixtape-dropping high school kid to Grammy-nominated music star whose "Hi Level" mindset helps him achieve his dreams

Watch now



PLATON

Stories of photographing monumental people -- from Michelle Obama to Stephen Hawking



ELENI MYRIVILI

A 3-part plan to take on extreme heat waves



GINA GUTIERREZ

The relationship between sex and imagination



WORLD VIEW

Minecraft: Education Edition is Teaching More Than Just Math and Science

Minecraft is a popular video game for all ages, but you may not be familiar with its academic alternative — Minecraft: Education Edition.



TRENDING ARTICLES



1

History's Mysteries: Who Killed Jimmy Hoffa?



2

What Is A Military Ball, And Why Is This Event Held?



3

Throw Your Pooch A Dog Birthday Party This Dogust 1st



4

Fact Check: Why Do People Think The Moon Landing Was A Hoax?



5

Natural Pest Control: Get Rid Of Ants With Simple Household Ingredients



WORLD VIEW

How to Draw Your Floor Plan



BUSINESS & FINANCE

What Type of Software Monitors Network Traffic?



BUSINESS & FINANCE

How to Complete a Job Application Form

ADVERTISEMENT

ADVERTISEMENT



OfficeSuite Personal Compatible with Microsof...

★★★★☆ 877

\$29⁹⁹ ✓prime

Shop now

[CORONAVIRUS UPDATE](#)[CHECK YOUR SYMPTOMS](#)[FIND A DOCTOR](#)[FIND A DENTIST](#)[CONNECT TO CARE](#)[FIND LOWEST DRUG PRICES](#)[SIGN IN](#)[SUBSCRIBE](#)**WebMD**[HEALTH
A-Z](#)[DRUGS &
SUPPLEMENTS](#)[LIVING
HEALTHY](#)[FAMILY &
PREGNANCY](#)[NEWS &
EXPERTS](#)

Many Infectious Diseases Made Worse by Climate Hazards

A new study finds climate events such as flooding, heat waves, and drought have made diseases like cholera, anthrax and malaria worse.

[→ Viruses Identified as New Weapons to Fight Bowel Disease](#)[→ Grease Star Olivia Newton-John Dies at 73](#)

Photo Credit: Tumisu

<http://www.webmd.com/>



Free Online Courses

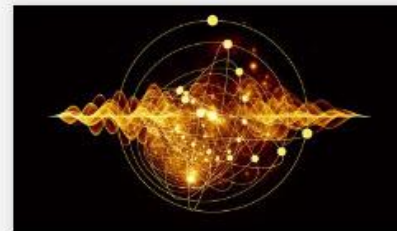
Our free online courses provide you with an affordable and flexible way to learn new skills and study new and emerging topics. Learn from Stanford instructors and industry experts at no cost to you.



Health & Medicine



Education



Engineering



Arts & Humanities



Browse All

Filtered for: Courses / Programs: All



Advanced Cybersecurity Program Preview

XACS100

Stanford School of Engineering



WHEN / WHERE / ENROLLMENT

Online - Open For Enrollment



**Algorithms: Design and Analysis,
Part 1**

SOE-YCSALGORITHM51

Stanford School of Engineering



WHEN / WHERE / ENROLLMENT

Online, edX - Open For Enrollment



**Algorithms: Design and Analysis,
Part 2**

SDE-YC50001

Stanford School of Engineering



WHEN / WHERE / ENROLLMENT

Online, edX - Open For Enrollment



American Prophet: The Inner Life and Global Vision of Martin Luther King, Jr.

SOHS-YAAMMARTINL KING

Stanford School of Humanities and Sciences

WHEN / WHERE / ENROLLMENT

Online, edX - Open For Enrollment



Antibiotic Stewardship

SOM-YCME0043

Stanford School of Medicine

WHEN / WHERE / ENROLLMENT

Online, Coursera - Open For Enrollment



**Antimicrobial Stewardship:
Improving Clinical Outcomes By
Optimization of Antibiotic Practices
(CME)**

SOM-YCME0001

Stanford School of Medicine



WHEN / WHERE / ENROLLMENT

Online, edX - Open For Enrollment

Introduction to Food and Health

SOM-YCME0004

Stanford School of Medicine



Description

We find ourselves facing global epidemics of obesity and diabetes. To address these public health crises, we urgently need to explore innovative educational strategies for physicians and the general public. Physicians who eat a healthy, balanced diet and who understand what that entails, are more effective at counseling their patients to improve their health behaviors.

This CME activity provides a practical approach to supporting healthy eating for a variety of medical needs. Through the use of didactic videos, animated cases, and interactive activities course participants will gain proficiency in recommending well-established nutritional practices and assessing barriers to healthy eating for patients and physicians alike. By evaluating personal eating behaviors and barriers to healthy eating, physicians will emerge from the course better equipped to support sustainable positive change in their patients' food choices while simultaneously having an opportunity to embark on optimizing their own nutritional health.

Intended Audience

005

Online, Coursera

[Enroll Now](#)

Delivery
Option: Online

Fees:
Online Course Free

Notes:

Coursera Course Certificate Available for a Fee

You can earn a [Course Certificate](#) for this Coursera course. A Course Certificate is proof that you completed and passed the course.

In order to get a Course Certificate, you must:

- Complete [ID Verification](#), which includes submitting a photo and verified ID
- Pass all required assignments in the course
- [Pay the Course Certificate fee](#), or apply and be approved for Coursera [Financial Aid](#)

This course may not currently be available to learners in some states and territories.



For every student, every classroom. Real results.

We're a nonprofit with the mission to provide a free, world-class education for anyone, anywhere.

Learners

Teachers

Districts

Parents

<https://www.khanacademy.org/>

A world class education for anyone, anywhere. 100% free.

Join Khan Academy to get personalized help with what you're studying or to learn something completely new. We'll save all of your progress.

By signing up for Khan Academy, you agree to our [Terms of use](#) and [Privacy Policy](#).

Join Khan Academy as a

Learner

Teacher

Parent

What is your date of birth?

Month

Day

Year

[Enter class code](#)

[Already have an account?](#)



MATH: PRE-K - 8TH GRADE

[Pre-K through grade 2 \(Khan Kids\)](#)[Early math review](#)[2nd grade](#)[3rd grade](#)[4th grade](#)[5th grade](#)[6th grade](#)[7th grade](#)[8th grade](#)[See Pre-K - 8th Math](#)

MATH: GET READY COURSES

[Get ready for 3rd grade](#)[Get ready for 4th grade](#)[Get ready for 5th grade](#)[Get ready for 6th grade](#)[Get ready for 7th grade](#)[Get ready for 8th grade](#)[Get ready for Algebra 1](#)[Get ready for Geometry](#)[Get ready for Algebra 2](#)[Get ready for Precalculus](#)[Get ready for AP® Calculus](#)[Get ready for AP® Statistics](#)

MATH: HIGH SCHOOL & COLLEGE

[Algebra 1](#)[Geometry](#)[Algebra 2](#)[Trigonometry](#)[Precalculus](#)[High school statistics](#)[Statistics & probability](#)[College algebra NEW](#)[AP®/College Calculus AB](#)[AP®/College Calculus BC](#)[AP®/College Statistics](#)[Multivariable calculus](#)[Differential equations](#)[Linear algebra](#)[See all Math](#)

TEST PREP

[SAT](#)[LSAT](#)[Praxis Core](#)[MCAT](#)

SCIENCE

[Middle school biology - NEW](#)[Middle school Earth and space science - NEW](#)[Middle school physics - NEW](#)[High school biology](#)[High school biology - NGSS](#)[High school physics](#)[High school physics - NGSS](#)[AP®/College Biology](#)[AP®/College Chemistry](#)[AP®/College Environmental Science](#)[AP®/College Physics 1](#)[See all Science](#)

COMPUTING

[Computer programming](#)[AP®/College Computer Science Principles](#)[See all Computing](#)

ARTS & HUMANITIES

[US history](#)[AP®/College US History](#)[US government and civics](#)[AP®/College US Government & Politics](#)[World History Project - Origins to the Present](#)[World History Project - 1750 to the Present](#)[Art history](#)[AP®/College Art History](#)[See all Arts & Humanities](#)

ECONOMICS

[Macroeconomics](#)[AP®/College Macroeconomics](#)[Microeconomics](#)[AP®/College Microeconomics](#)[See all Economics](#)

READING & LANGUAGE ARTS

[Up to 2nd grade \(Khan Kids\)](#)[2nd grade](#)[3rd grade](#)[4th grade](#)[5th grade](#)[6th grade](#)[7th grade](#)[8th grade](#)[9th grade](#)[Grammar](#)[See all Reading & Language Arts](#)

LIFE SKILLS

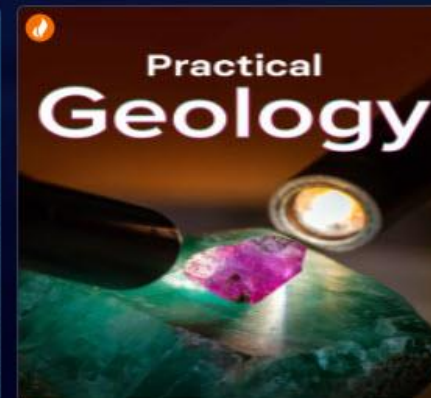
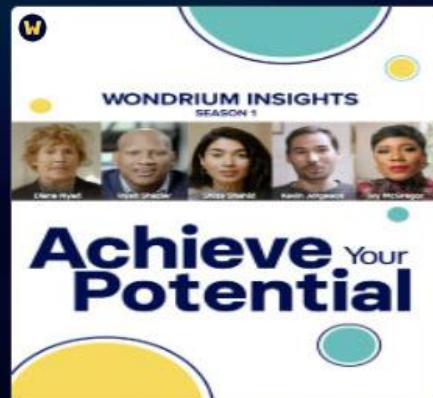
[Social & emotional learning \(Khan Kids\)](#)[Careers](#)[Personal finance](#)[Growth mindset](#)[Internet safety NEW](#)[See all Life Skills](#)

NEW PROGRAM Great Board Games of the Ancient World

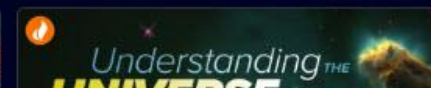
Learn the fascinating origins of some of the world's most beloved games of luck and strategy with an expert on gaming history.

[Watch Trailer](#)[Watch Program](#)

New Releases



Trending Now on Wondrium



We use cookies to improve our services, make personal offers, and enhance your experience. See our [Cookie Policy](#)

[Accept All](#)[Cookie Settings](#)



Economics & Finance ›



Exclusive Features ›



Food & Wine ›



Health, Fitness & Nutrition ›



History ›



Hobby & Leisure ›



Literature & Language ›



Mathematics ›



Music & Fine Arts ›



Philosophy & Religion ›



Professional & Personal Growth ›



Programs for Young Learners ›



Science ›



Travel ›

The Great Courses Plus starts at \$20 per month. For this price, you get access to everything in the catalog and can stream content on any supported device. In addition to its website, you can access The Great Courses Plus' lessons on Android phones; iPhones or iPads; Apple TVs; Roku; Fire TVs; and Kindles.

Hobby & Leisure

Pick up a paintbrush, clutch that camera, or get going on a guitar—satisfy your inner artist by honing your skills.



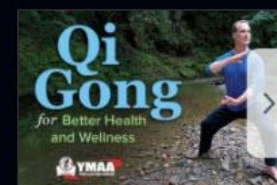
Crafts & Woodworking



Hobby



Leisure



Lifehacker Night School

[HOME](#) » [HACKS](#)

How to Build a Computer: The Complete Guide

Building a computer from scratch gives you the perfect machine for your needs, but it can be daunting the first...

By [Whitson Gordon](#) | 10/30/14 1:00PM | [Comments \(12\)](#)

The Basics of Music Production: The Complete Guide

Over the last month we've learned all about the basics of music production, posting new lessons on a weekly basics. ...

By [Adam Dachis](#) | 6/18/13 9:00PM | [Comments \(30\)](#)

Popular from Lifehacker



How to Weather the Ongoing Adderall Shortage

Today 5:30PM



Celebrating 20 years of real connections on Meetup

Whatever you're looking to do this year, Meetup can help. For 20 years, people have turned to Meetup to meet people, make friends, find support, grow a business, and explore their interests. Thousands of events are happening every day—join the fun.



Make new friends →



Explore the outdoors →



Connect over tech →

Boost your career

Find your zen

Get moving

Share language + culture

Read with friends

Write together

Hone your craft

What do you want to do?

Q Search for "tennis"

📍 Neighborhood or City or zip

Search

See what's happening

Starting soon

Today

Tomorrow

This week

Online

In person

Trending near you

<https://www.meetup.com/>

Events Groups

Events near Denver Connection, Denver, CO

Any day

Any type

Any distance

Any category

Sort by: Relevance



WED, AUG 10 · 10:00 AM EDT

Run+ , a group workout run

The Running Joke - friendly group workouts • Denver, CO

[New Group](#)

2 attendees



WED, AUG 10 · 8:00 PM EDT

Closet Transformation Workshop

Tips and Tricks of a Professional Wardrobe Stylist • Denver, CO

[New Group](#)

18 attendees



FRI, AUG 19 · 2:00 PM EDT

Making the Business Case for Software Security

Let's Talk Software Security! • Denver, CO

65 attendees



WED, AUG 10 · 7:30 PM EDT

Monthly Mentor Meetup - 2nd CO regional discussion

Colorado FIRST FRC and FTC Mentors & Coaches • Denver, CO

8 attendees





Life Institute for Elders at the University of Central Florida

ABOUT ▼

CURRICULUM ▼

MEMBERSHIP ▼

GERONTOLOGY RESEARCH GRANTS ▼

ACTIVITIES/EVENTS ▼

GIVE



Class Schedule

<https://life.ucf.edu/>

New Frontiers For Lifelong Learning



NEW FRONTIERS
FOR LIFELONG LEARNING

Expand your world

A PROGRAM OF MESA COMMUNITY COLLEGE

Senior Citizens Can Go to College for Free or Cheap in All 50 States



by The Penny Hoarder Staff

UPDATED MAY 17, 2022



Getty Images

<https://www.thepennyhoarder.com/life/college/free-college-courses-for-senior-citizens/>

We're living longer than ever before, and doing so in better health. So what can you do when you retire and want to keep your mind sharp or need to gain additional skills to stay competitive at work?

For many, the answer is to go back to school. But tuition can be prohibitively expensive.

At the same time, schools want their classrooms to be full of engaged students, regardless of age. In the interest of continuing education, many colleges and universities offer reduced or free college for seniors (typically, adults 60 and up, although the rules vary).

In fact, we found at least one option in every state.

Free (or Cheap) College for Seniors in Every State

While some institutions only allow senior students to audit classes, many offer the chance to earn credits toward a degree at a reduced — or completely waived — tuition rate.

Does your state have a senior citizen education program you can use? Find out below!

5. California

[California State University](#) waives all tuition and dramatically reduces campus fees for residents age 60 or older.

Different Cal State locations may offer online courses or in-person classes. Students who attend in-person classes must provide proof of COVID-19 vaccination.

33. New York

Many schools offer free or reduced tuition for senior citizens. [Queens College](#) allows residents 60 and up to audit any course on a space-available basis after completing a Senior Citizen Auditor Application and paying \$80 per semester. Up-to-date COVID-19 vaccinations are required to enroll.

At [SUNY Purchase](#), New York state residents 60 and older can enroll tuition-free in a maximum of two credit-bearing, on-campus courses in which space is available. They pay a \$50 audit fee, \$20 ID processing fee and any course fees. In-person, online and hybrid courses are available, and COVID-19 vaccinations are required for anyone coming on campus.

21. Maryland

Any student in the [University of Maryland System who is](#) retired and over the age of 60 may have tuition waived, even for degree-granting programs.

Online courses are available as well as face-to-face offerings.

6. Colorado

Students age 55 and older may attend class on a space-available basis at [Colorado State University](#). There is no tuition fee, but visitors don't get credit for attending class. It is up to the instructor how participation and grading of assignments and tests are handled. CSU currently offers face to face, hybrid and online classes.

At the [University of Colorado Denver](#), persons aged 60 and above may enroll on a no-credit basis to attend up to two classes per semester as auditors when space is available. (Courses with a lab component are excluded, as are computer courses and online courses.)

44. Texas

A senior citizen age 65 or older can take up to six tuition-free credit hours at the [University of Texas at Austin](#).

At the [University of Texas at Dallas](#) and [Lone Star College](#), undergrad students 65 and older must maintain a 2.0 cumulative GPA to receive a tuition waiver for up to six credit hours per semester.

Check with each individual university to see which online and in-person classes are available for enrollment.

10. Florida

The Florida college system [waives](#) application, tuition and student fees for those age 60 and above, but colleges will award no credit and will grant admission on a space-available basis. Check to see whether your chosen college covers online courses as well as in person.

Fun fact: [Florida Atlantic University's Lifelong Learning Society](#) has the largest adult continuing education program in the U.S. It even has its own auditorium on campus to help serve FAU's 30,000 new registrants each year.

51. Wyoming

At [Laramie County Community College](#), senior citizens aged 60 years and up only pay \$10 per credit, though they still need to pay any other course or online fees.

[Northwest College](#) offers adults 60 and older free tuition up to six credit hours per semester for on-site and online courses, as well as free entry to most college social, cultural and athletic events.

Another Continuing Education Option

More than [100 colleges and universities](#) around the country offer another continuing education program for senior citizens: enrichment courses through the [Osher Lifelong Learning Institute](#) (OLLI).

Prices vary depending upon the institution. [Duke University](#), for example, has a \$50 annual membership fee, and then charges \$40 to \$150 per class. Senior citizens can choose to take classes online or in person.

OLLI classes don't count toward a degree, but if you're looking for personal development opportunities among older adults, these courses can provide opportunities that mix in the campus experience, too.

The Bernard Osher Foundation

Welcome

The Foundation

The Programs

The Bernard Osher Foundation

[printable version](#)

| [The Foundation](#)

| [The Programs](#)

Welcome

The Bernard Osher Foundation, headquartered in San Francisco, was started in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation seeks to improve quality of life through support for higher education and the arts.

The Foundation provides post-secondary scholarship funding to colleges and universities across the nation, with special attention to reentry students. It also supports a national lifelong learning network for seasoned adults. The Osher Lifelong Learning Institutes, operating on the campuses of 124 institutions of higher education from Maine to Hawaii and Alaska, have a [National Resource Center](#) at Northwestern University. In addition, the Foundation benefits programs in integrative medicine in the United States and Sweden, including centers at the University of California, San Francisco; Harvard Medical School and Brigham and Women's Hospital in Boston; the Karolinska Institute in Stockholm; Northwestern University; Vanderbilt University; the University of Miami; and the University of Washington. Finally, an array of performing arts organizations, museums, and educational programs in Northern California and in Mr. Osher's native state of Maine receive Foundation grants.

The Foundation has a nine-member [Board of Directors](#), chaired by the Honorable Barbro Osher, Honorary Consul General of Sweden in California.

<http://www.osherfoundation.org/>

The Bernard Osher Foundation

[Welcome](#)[The Foundation](#)[The Programs](#)

- | [Osher Scholars and Fellows Program](#)
- | [Osher Lifelong Learning Institutes](#)
- | [List of Institutes](#)
- | [The National Resource Center](#)
- | [Integrative Medicine](#)
- | [Local Arts and Educational Program](#)

Osher Lifelong Learning Institutes

List of Institutes

Aquinas College
Auburn University
American University
Arizona State University
Berkshire Community College
Boise State University
Bradley University
Brandeis University
Carnegie Mellon
Casper College
Clemson University
Coastal Carolina University
Colorado State University
CSU Channel Islands
CSU Chico
CSU Dominguez Hills
CSU East Bay
CSU Fresno
CSU Fullerton
CSU Long Beach
CSU Monterey Bay
CSU San Bernardino
CSU San Marcos
Dartmouth College

A Senior Citizen Guide for College

This is a comprehensive guide of all colleges in all states that provide reduced or free tuition for senior citizens.

Find Your State Tuition Waivers

Colleges in all states that offer free or reduced tuition for senior citizens. Some schools may not be listed. More colleges will be added as they are found.



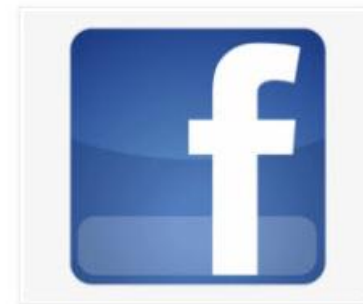
- [Alabama](#)
- [Alaska](#)
- [Arizona](#)
- [Arkansas](#)
- [California](#)

May be outdated

FIND YOUR STATE

A LIST OF ALL
COLLEGES
OFFERING
REDUCED OR FREE
TUITION FOR
SENIORS

Find us on Facebook!



Lifelong Learning Institute Directory

PRODUCED BY THE NATIONAL RESOURCE CENTER FOR OSHER INSTITUTES
JUNE 2018

National Listing of Programs in:
Older Adult Education
Learning in Retirement
Lifelong Learning



Osher NRC
National Resource Center
for Osher Institutes

Institutes

Alphabetical by state and city

COLORADO

Colorado Springs Senior Center
Independent non-profit
Colorado Springs
www.ppymca.org/colorado-springs-senior-center

PILLAR Institute for Lifelong Learning
Independent non-profit
Colorado Springs
<http://www.pillarinstitute.org/>

Academy for Lifelong Learning
Independent non-profit
Denver
<http://academyll.org/about/>

Osher Lifelong Learning Institute
University of Denver
Denver
<http://universitycollege.du.edu/olli/>

Osher Lifelong Learning Institute
Colorado State University
Fort Collins
<https://www.online.colostate.edu/osher/>

Opportunities for Lifelong Learning
Western Colorado Community College
Grand Junction
<http://www.coloradomesa.edu/wccc/community-education/index.html>

New Dimensions Lifelong Learning Institute
Independent non-profit
Grand Valley
www.newdimensionsgj.org/

Senior Center

Located inside the Community Center, the Senior Center offers many programs and classes designed to meet the desires of an active older population. The Senior Center offers a wide range of social opportunities for all interests:

- ▶ Monthly luncheons or dinners with entertainment
- ▶ Trips
- ▶ Card/board games

Class offerings include:

- ▶ Computer education
- ▶ Aerobics and swim fitness
- ▶ Oil painting and watercolor
- ▶ Literature and writing
- ▶ Crafts and quilting
- ▶ Book discussion groups on current world events



[About us](#)

[About this website](#)



Classes for seniors.

Some colleges offer continuing education classes specifically for adults age 50 and older.

- These courses typically last a few weeks instead of an entire semester. In his traditional undergraduate classes and adult classes, Andrew Carle, an assistant professor at George Mason University, presents similar information but leaves more time for questions and discussion with the older students. “When I talk to a group of retirees, hands will be going up all over the place concurrent with the presentation. You don’t see that quite as much from undergraduates or even graduate students,” he says.
- There is also a network of Osher Lifelong Learning Institutes at approximately 120 colleges and universities in the U.S., including California Polytechnic State University, Texas Tech University, and the University of South Florida. These courses for older adults don’t require papers or exams, and the fees vary considerably by program. At George Mason, for example, the fees range from \$125 to \$350 annually for an unlimited number of courses over four semesters.

Online courses.

Many well-known universities such as MIT, Stanford, and Yale allow anyone to audit select courses online free of charge. Other colleges wave online course fees just for state residents above a certain age.

For example, seniors age 65 and older in North Carolina can take public university courses in person, online, or through correspondence for credit without paying tuition. “The online courses are pretty neat because you don’t have to leave the house,” says Peter Rizzolo, 80, a retired doctor who has taken classes both online and in person at the University of North Carolina at Chapel Hill and North Carolina State University on topics including American history, art, and Italian. “I’ve gotten literally thousands of dollar worth of credits—120 or so—for free,” he says. “All I’ve paid for is my books and lab fees for courses like astronomy.” Shy students may be more likely to participate in online courses, Rizzolo adds. “Sometimes students are kind of hesitant to open their mouths and afraid to look foolish in class, but online you get time to think about it before you respond.”

Hidden Costs.

Even if you qualify for free tuition and watch out for fees, you'll still have to pay for things like books and parking (which is notoriously difficult to find and is a considerable expense on many college campuses.)

Many traditional courses also have online components, so you may need a computer and Internet access.

Says Margaret Rubega, an associate professor of ecology and evolutionary biology at the University of Connecticut, "I'm having the students use Twitter to make posts about what they are seeing in the bird life outside the course." She currently has one older student auditing her ornithology (bird science) class



**The Central Florida Computer Society
Windows Special Interest Group
WinSIG**





Make the most of your screen time

**Join us at
theSTUG.org**



An International Association of Technology and Computer User Groups

[HOME](#)[ABOUT](#)[MEMBER BENEFITS](#)[VIRTUAL TECH CONFERENCE](#)[JOIN / RENEW](#)[LOCATE A USER GROUP](#)[SPONSOR](#)

WEDNESDAY WORKSHOPS



An International Association of
Technology & Computer User
Groups

Wednesday Workshop

SATURDAY SAFARIS



Saturday Safaris
*Exploring Technology
In-Depth*



Windows & Android Tips

"HELPING MEMBER GROUPS HELP THEIR MEMBERS" Judy Tylour, Speakers Bureau
Member 7/6/22 A GUIDE TO EVERY TROUBLESHOOTER IN WINDOWS 11 - Windows 11 brings over some old troubleshooting ... [\[Read More...\]](#)

APPLE TECH TIPS



UPDATE USER GROUP INFORMATION HERE

Join APCUG

Membership in APCUG is open to any non-commercial organization whose primary purpose is to help its members learn about technology. It is a cross-platform organization supporting operating systems ... [\[Read more..\]](#)

RENEW APCUG MEMBERSHIP

<https://apcug2.org/>



An International Association of Technology and Computer User Groups

[HOME](#)[ABOUT](#)[MEMBER BENEFITS](#)[VIRTUAL TECH CONFERENCE](#)[JOIN / RENEW](#)[LOCATE A USER GROUP](#)[SPONSOR](#)

Locate a User Group

APCUG has member groups in Australia, Canada, and the United States. APCUG maintains the information in a database: the **User Group Locator Service (UGLS)**.

If you want to find a member group or look up what information is publicly displayed about your group, please use the link below.

[Click here to find an APCUG member group.](#)

This will open in a new tab / window.

Click on Find A Group > Choose a State (All States) > Search



UPDATE USER GROUP INFORMATION HERE

Join APCUG

Membership in APCUG is open to any non-commercial organization whose primary purpose is to help its members learn about technology. It is a cross-platform organization supporting operating systems ... [\[Read more..\]](#)



An International Association of Technology & Computer User Groups

[Member Log In](#)

[Home](#) ▶ [Find a Group](#) [Admin](#) ▶ [Groups](#) ▶ [Members](#) ▶ [About](#) ▶

User Group List

Country:

State:

Group Name:



There are 5 Active User Groups

Acronym	User Group Name	Email Address	Meeting City	State	Zip Code
CNYPCUG	Central New York PC User Group, Inc.	info@cnypcug.org	Camillis	NY	13031
LGCC	Leisure Glen Computer Club	leisureglenccl@outlook.com	Ridge	NY	11961
NYACC	New York Amateur Computer Club	nyacc32@gmail.com	New York	NY	10003
RCSI	Rochester Computer Society, Inc.	webmaster@rcsi.org	Rochester	NY	14620
WPCUG	Westchester PC Users Group, Inc.	info@wpcug.org	White Plains	NY	10605



An International Association of Technology & Computer User Groups

[Member Log In](#)

[Home](#) ▶ [Find a Group](#) [Admin](#) ▶ [Groups](#) ▶ [Members](#) ▶ [About](#) ▶

User Group List

Country:

State:

Group Name:

There are 4 Active User Groups

Acronym	User Group Name	Email Address	Meeting City	State	Zip Code
CVCCC	CLCO Computer Club	cvc.computer.club@gmail.com	Westminster	CO	80021
CUGG	Computer Users' Group of Greeley	bod@cugg.org	Greeley	CO	80631
MICRO	Mile High Computer Resource Organization (MICRO)	micro.pc.org@gmail.com	Lakewood	CO	80214
P*PCompAS	Pikes Peak Computer Application Society	nuvo@nuvolini.com	Colorado Springs	CO	80918-6374



An International Association of Technology & Computer User Groups

[Member Log In](#)

[Home](#) ▶ [Find a Group](#) [Admin](#) ▶ [Groups](#) ▶ [Members](#) ▶ [About](#) ▶

User Group ID: MICRO

Group Name: Mile High Computer Resource Organization (MICRO)

Meet On: Thursday Monthly

Meeting Time: 7:00 PM

Email: micro.pc.org@gmail.com [Send Email](#)

Website: <http://www.micro-pc.org> [Visit Website](#)

Memberships: 25

User Group Details

Meeting Address

Location Name: Clements Community Center

Address: 1580 Yarrow St

Lakewood, CO 80214

Country: USA

Max Occupancy: 50

N39.7414910

W105.0831430

Google Map: [Click to see map](#)



Today is: **Wednesday, August 17, 2022 1:49:44 AM**



[HOME](#)

[MEMBERSHIP](#)

[NEWSLETTER](#)

[MEETINGS](#)

[VIDEOS](#)

[LINKS](#)

[SOFTWARE](#)

[TRAINING](#)

[CONTACT US](#)

[GLOSSARY](#)

[TIPS & TRICKS](#)

[LOGIN](#)

VISITORS SINCE
04/21/2018

NEXT MICRO-PC MEETING

Thursday, July 28th

NEW LOCATION:

Smoky Hill Library
5430 S. Biscay Circle
Centennial, CO
Room B

SUBJECT: TOPIC - Practical Chromebook



Tech for Seniors



Tech for Seniors
Hosted by Ron Brown & Hewie Poplock

Every Monday from
9-10 AM PT / 12-1 PM ET

Broadcast with ZOOM

<https://www.techforseniors.com>

Tech For Seniors

Tech for Seniors Every Monday

Chromebooks

See [Chromebooks 4 Seniors](#) & [Learning Chromebooks](#) featuring Tech for Seniors



Our History

What started as a Bulletin Board System (BBS) in 1985 as the FABulous BBS and morphed into hewie.net in 1995 when we joined the age of the



Pictured from left to right: Commodore Pet, Radio Shack TRS-80, Osborne 1, AT&T PC6300, Olivetti Osborne 80 Printer

<https://hewie.net>



Items for July 10, 2022

These are the items planned for the July Meeting.

- [8 Ways to Personalize Windows 11](#)
- [Is Windows Search Too Slow? Here Are 8 Tricks to Speed It Up](#)
- [How to Enable and Find Your Windows Boot Log](#)
- [How to Force Delete a Folder on Windows 10 and 11](#)
- [Tips And Techniques 2](#)
- [How to Use Advanced Startup Options to Fix a Windows 11 PC](#)
- [7 Awesome Microsoft Word Features You Should Be Using](#)
- [Windows 11 version 22H2: Everything that's new in the upcoming update](#)
- [Microsoft Defender for individuals now available for Windows, macOS, iOS and Android](#)
- [Does Windows 10 or 11 Need Antivirus Software?](#)
- [Everything new for OneDrive in Q2 2022](#)
- [New in 22H2: Task Manager](#)
- [New in 22H2: Quick Settings](#)
- [10 Startup Programs You Can Safely Disable to Speed Up](#)
- [YouTube - Cleaning Windows Without Windex by Hewie Poplock](#)
- [14 Ways to Make Windows 10 Faster and Improve Performance](#)

Video

Replay of the July 10, 2022 WinSIG Meeting



<https://hewie.net/winsig>

Videos



Hewie Poplock posts his many presentations on his YouTube Channel

How to Print From Your Chromebook is an example of his many presentations.

[Go to Hewie's Channel](#)

Tech for Seniors

The weekly Tech for Seniors Show with Ron Brown & Hewie Poplock is on Ron Brown's Channel along with many of his presentations.

[Go to the Tech for Senior's Channel](#)



The Central Florida Computer Society

The Central Florida Computer Society's Channel features the Monthly Windows Special Interest Group or WinSIG, plus the Tech SIG and the CFCS Main Meetings.

[Go to the CFCS Channel](#)



Learning Chromebooks

Learning Chromebooks is a monthly program with Hewie Poplock & Ron Brown. The 3rd Thursday of every month, Hewie & Ron share information about Chromebooks.

[Go to Ron Brown's Channel](#)



Bob G

Bob G, aka Bob Gostischa, is a Security expert, evangelist for Avast and a cast member of Tech For Seniors.

[Go to Bob G's Channel](#)



APCUG

APCUG is an association of technology & computer user groups. They conduct a quarterly Virtual Technology Conference and post the sessions on the APCUG YouTube Channel.

[Go to the APCUG Channel](#)



Sarasota Technology User Group

STUG or the Sarasota Technology User Group holds open monthly meetings and classes & forums for its members.

[Go to the STUG Channel](#)



Watch the meeting:



CFCS Windows SIG September 13 2020



Watch later



Share



The Central Florida Computer Society
Windows Special Interest Group
WinSIG

Sunday September 13, 2020



Music:
Dad Rhodes Kevin MacLeod (incompetech.com)
Licensed under Creative Commons: By Attribution 3.0 License
<http://creativecommons.org/licenses/by/3.0/>



Tech for Seniors

Hosted by Ron Brown & Hewie Poplock

Featuring:

Security Guru - Bob Gostischa

Music Director - Ray Baxter

Gadget Guru - Bill James

<https://www.techforsenior.com>

<https://www.techforsenior.com/>

Tech for Seniors



Ron Brown, Hewie Poplock, Bob Gostischa, Ray Baxter & Bill James

Tech for Seniors LIVE



Ron Brown, Hewie Poplock, Bob Gostischa, Ray Baxter & Bill James

FOR BEGINNERS
TO EXPERTS

Learning Chromebooks

4th Thursdays @ 2PM ET
11AM PT



Hewie Poplock



Ron Brown

Registration Required

<http://bit.ly/learningchromebooks>

Tech for Senior

LIVE
STREAM

Click here to join TFS
LIVE STREAM

Tech for Senior

Providing technology information to Seniors

Tech for Seniors

Hosted by Ron Brown & Hewie Poplack

Every Monday from
5-6 AM PT / 12-1 PM ET

Broadcast with Zoom

https://www.techforsenior.com

Register for Learning Chromebooks
(Click this link)

f

Follow us on
facebook

<https://www.facebook.com/techforsenior>

Home

Privacy Policy for TFS

Learning Chromebooks

APCUG Presentations

Tech for Seniors

About

My Guest Book

Tech for Seniors Newsletter

Stay in touch to keep informed of new technology
that affects Seniors

Email Address

First Name

Subscribe to Tech for Seniors Newsletter

LIVE
STREAM

Click this link for APCUG presentations

Fast episodes of LIVE STREAM *Like and Subscribe* for updates

Contact Info: admin@techforsenior.com

Seniors helping seniors

Please sign our guestbook

TECH FOR
SENIORS'S
GUESTBOOK

About this Channel

Tech for Senior

Tech for Seniors

Hosted by Ron Brown & Hewie Poplack

Every Monday from
5-6 AM PT / 12-1 PM ET

Broadcast with Zoom

https://www.techforsenior.com

Watch on YouTube

Bob Gosticha Tech for Seniors Security Expert
[see more for Bob's security info](#)

Hewie's Views & Reviews - Presenting to Seniors, Tech for Seniors
Hewie Poplack has been helping seniors to understand and use technology since the early 80's. Tech for Seniors is his goal.

Our Music Director Ray Baxter
Using Zoom with a Music Listening Club with narration [and more](#)

www.techforsenior.com ***** email- admin@techforsenior.com ***** Facebook <https://www.facebook.com/techforsenior>

<https://www.techforsenior.com/>

Do you have additional resources
or comments ?



SENIOR PLANET
FROM AARP

Learning Resources For Seniors

by Hewie Poplock

hewie@hewie.net

<https://hewie.net>

<http://www.techforsenior.com>

August 17, 2022

SENIOR PLANET
FROM **AARP**