

Let's Talk Mini Go Bags

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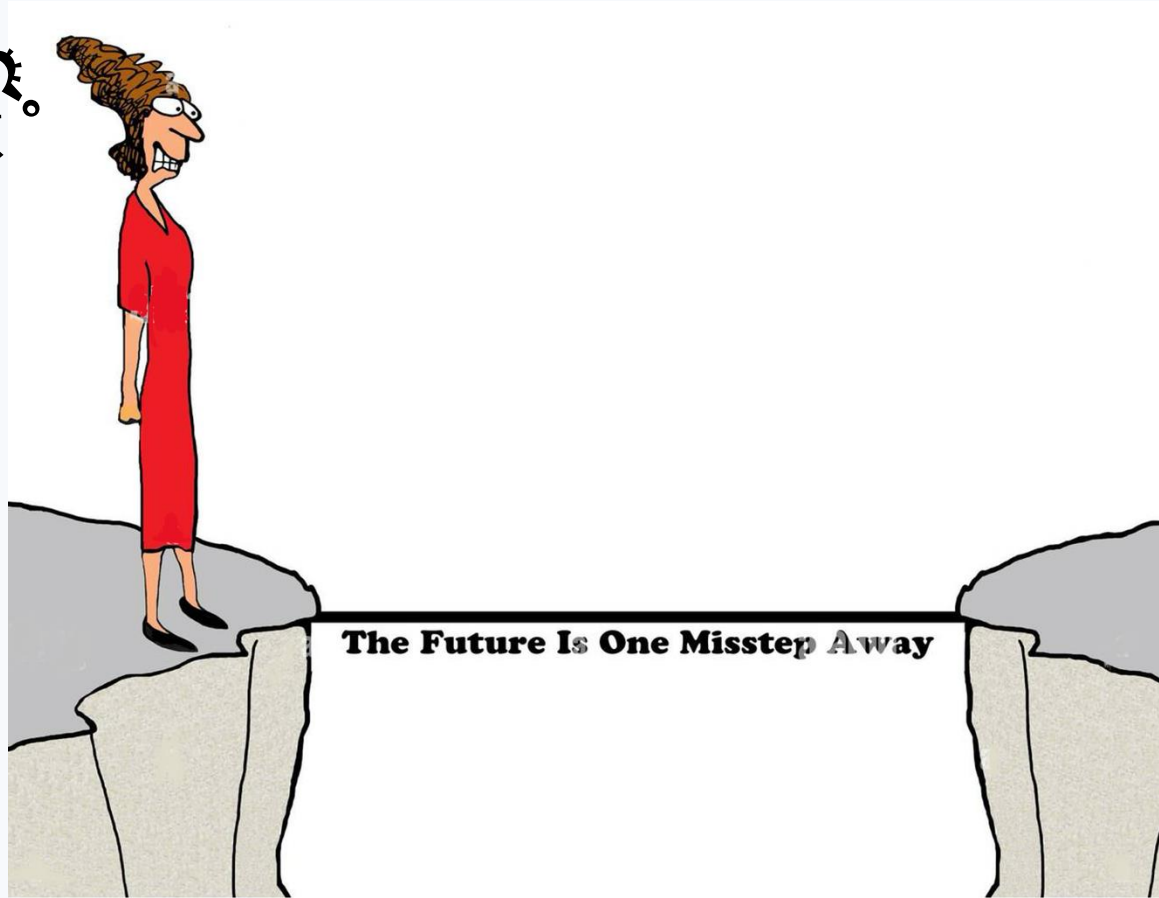
Why or Why Not?

Most people won't build a go-bag ...

- It feels like work and doesn't feel urgent
- I don't know what to include
- It feels overwhelming
- I assume hospitals will have everything I need
- Many folks avoid thinking about emergencies

The Question

Are you a risk taker?



The Poll

- **Do you have a Mini Go Bag?**
- **If not, please share why you don't have one**
- **What would encourage you to make your Go Bag?**

A Parade of Go Bags

OR

- On the Go Kit
- Peace of Mind
- Little Lifesaver
- Happy Bag
- My Sidekick



An Interesting Go Bag Patch



Pre-Filled Go Bag



Fun with Go Bags



Just Because ...

I never met a carbohydrate
I didn't like.



Thank You!

Thank you for joining us. Your presence, your questions, and your experience make this community stronger.

Where to Find Us

Website: T1Dto100.com

Facebook Group: [T1D to 100 – Aging with Type 1 Diabetes](#)

Instagram: [@T1Dto100](#)

Email: hello@T1Dto100.com

YouTube: www.youtube.com/@T1Dto100